<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Speaker(s)</th>
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<tr>
<td>09:15</td>
<td>Registration and Refreshments</td>
<td>Chair</td>
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<tr>
<td>10:00</td>
<td>Introduction to event – Dr Graham Sutton</td>
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<td>10:15</td>
<td>Patient Safety Collaboratives: new opportunities to learn from the frontline of care – Tony Roberts, Dr Ali Cracknell, Alison Lovatt</td>
<td>Graham Sutton</td>
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<td>10:45</td>
<td>Exercise for Falls Prevention – Professor Pam Dawson</td>
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<tr>
<td>11:15</td>
<td>Best Practice Speakers – Dean Metz, Julia Gray, followed by questions and answers</td>
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<tr>
<td>11:45</td>
<td>Refreshments and Networking</td>
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<tr>
<td>12:15</td>
<td>Multi-disciplinary Falls Prevention – Dr John Davison</td>
<td>Fiona Shaw</td>
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<td>12:45</td>
<td>Best Practice Speakers – Jon Duckles and Claire Sellers joint presentation, Christina Heaton, followed by questions and answers</td>
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<td>13:15</td>
<td>Lunch and Poster Viewing</td>
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<td>14:15</td>
<td>Patient Safety – Julie Windsor</td>
<td>Clare Ashby</td>
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<td>14:45</td>
<td>Best Practice Speakers – Dr Graham Sutton, Roger Goode and Jill Poole joint presentation, followed by questions and answers</td>
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<td>15:15</td>
<td>Refreshments and Networking</td>
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<td>15:45</td>
<td>Report from PreFIT Study – Dr Julie Bruce</td>
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<td>16:15</td>
<td>Questions and answers</td>
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<td>16:30</td>
<td>Summary of the day and Close – Dr Fiona Shaw</td>
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**Speaker and Chair biographies**

**Dr Graham Sutton**, Consultant in Geriatric and General Medicine St James’ University Hospital, Leeds

Graham trained in Geriatric and General Medicine in Dublin and West Yorkshire before becoming a consultant in Leeds in July 2010. He has a special interest in falls, dizziness and syncope and runs the Falls Service at Leeds with another consultant colleague. He is Chair of the Leeds Teaching Hospitals Trust Inpatient Falls Prevention Group. He is an Improvement Fellow involved in health improvement work with the Improvement Academy since 2013, assessing falls reduction in medical admission wards. Work on the acute admissions floor is on-going and is now being spread across the Trust. He is also a member of a project group, supported by Leeds Institute for Quality Healthcare, aiming to reduce falls and fractures in the community.

**Mr Tony Roberts**, Interim Programme Lead, North East and North Cumbria, Patient Safety Collaborative (NENC AHSN) Deputy Director (Clinical Effectiveness), South Tees Hospitals NHS Foundation Trust Joint Deputy Director, North East Quality Observatory System (NEQOS)

Tony is an NHS measurement specialist, with experience in hospital and primary care/general practice settings. His background is in Health Services Research, epidemiology and Statistical Process Control. He works for South Tees Hospitals NHS Foundation Trust where he is Deputy Director (Clinical Effectiveness). He is seconded part-time as the Patient Safety Collaborative Interim Programme Lead to the AHSN North East & North Cumbria and to NEQOS where he has particular interest in hospital mortality and monitoring of clinical outcomes more generally. Tony’s role and experience focus on using measurement to improve quality of care and patient safety across the healthcare system.

**Dr. Ali Cracknell**, Consultant in Medicine for Older People, Leeds Teaching Hospitals NHS Trust / Patient Safety Collaborative – Clinical Lead, Improvement Academy

Ali is a Consultant in Medicine for Older People, at St James’s University Hospital in Leeds. She has a passion for patient safety and improvement, in particular implementing innovations in patient safety into frontline clinical practice. She has worked over recent years on successful frontline QI projects including reducing harm from misplaced nasogastric feeding tubes, reducing falls and reducing cardiac arrests. She has been involved in the Improvement Academy from the start, leading the model and scale up within Leeds Teaching Hospitals.

**Alison Lovatt**, Clinical Improvement Network Director, Improvement Academy

Alison is the Improvement Academy’s Clinical Network Director and concentrates on working with frontline teams and implementing Safety Huddles as a means to improve patient safety culture and reduce harm. In addition, she supports the Improvement Academy’s 100 Improvement Fellows and is the Academy’s lead for the national ‘sign up to safety’ campaign. Alison has worked in the NHS for over 30 years. She is a trained Nurse and Midwife. The vast majority of her career has been spent in senior operational management in both the acute and community settings. More recently, she was the Director of Patient Safety at a large acute Trust.

Previously, Alison was the lead for the SPI2 in Calderdale and Huddersfield and also the Health Foundation’s Teamwork solutions to Patient Safety in Maternity. She was a member of the National Patient Safety First Campaign team.

**Professor Pam Dawson**, Dean Faculty of Health and Life Sciences, York St John University.

Pam is Dean of the Faculty of Health and Life Sciences at York St John University, leading a portfolio of NHS funded pre-registration BSc and MSc Physiotherapy and BSc Occupational Therapy programmes. She is a physiotherapist by professional background. Throughout her clinical and academic career she has been involved in research programmes in ‘risk and safety in healthcare’ and ‘behaviour change, adherence and decision making in long-term conditions’. She has 20 years’ experience of multidisciplinary collaborative research. Previous projects have included RCTs of falls prevention in older people, and action research developing evidence based practice in falls prevention in rural communities. Current projects include ‘Reporting of Safety in Organisational Care Transfers (ProSCT)’, assessing the value and feasibility of a patient safety self-reporting tool, co-designed with service users and healthcare professionals. Pam has successfully supervised several falls focused PhDs.

**Dean W Metz BSc, MPH**, Falls Specialist Physiotherapist South Tyneside NHS Foundation Trust

Dean qualified as a Physiotherapist in 1992 from the State University of New York – Brooklyn and received his Masters of Public Health in 2012 from Nova South-eastern University – Fort Lauderdale. For over 2 decades he has worked in community care with older adult populations of New York City, Florida, and North-Eastern England. He was Adjunct Faculty in the Physical Therapy Assistants programme of New York University for seven years and is now an adjunct at the Masters of Public Health programme at Nova South-Eastern. He presented a poster on the success of a Fall Prevention Clinic at the 2014 Chartered Society of Physiotherapy Conference and his work has been incorporated into the Joint Strategic Needs Assessment for South Tyneside. He is also a guest contributor and blogger for the American Magazine “Advance for Physical Therapy and Rehab Medicine.”

**Julia Gray**, Clinical Specialist Physiotherapist, University of Manchester NHS FT

Julia is currently working as a Clinical Specialist Physiotherapist for the University Hospital of South Manchester NHS FT Specialist Falls Service including Clinical Lead for the UHSM Community Falls Service and Multidisciplinary Specialist Falls Service in the UHSM Day Hospital. She has been working in the specialty of both In-hospital and community falls management and rehabilitation for more years than she cares to remember now! Since joining UHSM in 1999, Julia has been involved in designing, supporting and delivering a wide range of local multidisciplinary falls management / therapy interventions services and has a special interest in promoting exercise and activity in frailter community dwelling adults and people with complex health issues.
Dr John Davison PhD FRCPE, Consultant Geriatrician and Assistant Director of Medical Education, Newcastle-upon-Tyne Hospitals NHS Trust, Associate Clinical Lecturer, University of Newcastle-upon-Tyne

John is a consultant geriatrician in the Falls and Syncope Service at the Royal Victoria Infirmary, the largest unit of its type in Europe, treating over 4300 patients annually presenting with multifactorial falls, unexplained blackouts and complex dizziness and balance disorders. He trained in geriatric and general medicine in the North of England, New Zealand and Australia, developing the first specialist falls and syncope service for Western Sydney. His PhD was based on a RCT of multifactorial assessment and intervention in older recurrent fallers attending the emergency department. He has on-going research interests as local principal investigator for NIHR multicentre falls prevention studies. He co-developed a collaborative service model with local ambulance and social services, streamlining access to falls services in Newcastle and the North East. He has a particular interest in postgraduate medical education and is an educator for the biannual Dizziness & Syncope for the Physician training course.

Jon Duckles, Service Manager for Neighbourhood Care Teams and Older People’s Mental Health Teams, West Wolds and Goole, East Riding

Jon has over 15 years of NHS experience, starting as a physiotherapist in 1999. After working as a rotational physiotherapist for Hull and East Yorkshire NHS Trust he specialised in musculoskeletal physiotherapy in 2002, working in an extended role as an injection therapist and managing a busy Physiotherapy department within Bridlington Hospital. In 2008 he undertook a secondment as a Service Improvement Manager, working with the Strategic Health Authority, optimising the use of electronic clinical systems across East Riding Community Services. In 2010, he was seconded as a Clinical Service Manager for the Bridlington and Driffield locality managing Neighbourhood Care Teams, Community Wards and a team of Health Trainers through a period of transition. He is now a Service Manager with operational responsibility for Neighbourhood Care Teams and Older Peoples’ Mental Health Teams, working closely with senior clinicians to develop the level 3 falls service that works in a truly multi-disciplinary way across the community and within local community hospitals.

Claire Sellers, Clinical Therapy Lead, East Riding Level 3 Falls Service

Claire has over 13 years of NHS experience, having joined the NHS as physiotherapy assistant in 2001 in musculo-skeletal outpatients and in the community as part of the Intermediate Care Team. She graduated as a physiotherapist in 2009 from York St John’s University in York, and completed her junior rotation with East Riding of Yorkshire PCT with subsequent senior rotations in community and Intermediate Care. Within her role as Chartered Society of Physiotherapy Union Representative for the Trust, Claire participates in the Trust Consultation Negotiating Committee (TCNC). This has provided her with a wider understanding and knowledge of the changes and pressures in NHS service improvement. After working as a community physiotherapist encompassing a diverse patient population with diverse conditions - neurology, respiratory, orthopaedic, elderly, intermediate care, prevent admissions, long term conditions, palliative, falls and frail elderly, Claire was appointed in 2013 to a secondment as Clinical Therapy Lead in the East Riding Level 3 Falls Service. She has worked closely with senior managers and Modern Matrons to develop multi-disciplinary team working across the community and within local community hospitals.

Christina Heaton, Nurse Consultant, Bridgewater NHS Community Foundation Trust

Christina is a Nurse Consultant who runs the Falls Prevention and Fracture Liaison Service within Bridgewater NHS Community Foundation Trust based in Wigan Borough. She has been nursing for 20 years and has extensive experience in elderly care, neurology, rehabilitation and acute medicine including stroke care, falls and osteoporosis. She published her falls prevention work in an acute setting in 2012 and then was asked to design the E-learning unit for the Nursing Times. She is in the process of doing a Professional Doctorate focusing on falls prevention.

Julie Windsor RGN MSc, Patient Safety Lead Older People and Falls Patient Safety Division, Nursing Directorate NHS England

Julie qualified as an RGN in 1988 with a career within older person’s services spanning primary, secondary and intermediate care and has been involved in developing falls services since 1996. Until recently Julie worked as a Clinical Nurse Specialist for falls in a large acute Trust. This placed her as the lead in the design, development and delivery of a Trust wide inpatient falls strategy whilst ensuring quality improvements to the care of this patient group. Since 2014, her role within NHS England Patient Safety National Advice & Guidance Team provides patient safety incident reporting intelligence via the NRLS & STEIS, clinical and professional information, knowledge, advice and guidance. Additionally, the role creates the opportunity to provide specialist support to internal and external stakeholders for improvements in relation to all aspects of the healthcare of older people and falls. Julies is vigorously involved with falls research and is/has been Clinical Advisor to several falls studies collaborating with Universities of Portsmouth, Bath and Newcastle. Her particular interest is the built environment and patient safety technologies. She was a steering group member of the successful FallSafe project and a member of the NICE 161 Clinical Guideline Development Group. She is also a steering group member for the National Falls and Fracture Audit Programme (Falls Pathway) and an executive member of the National Falls & Fracture Alliance Executive Board. She is currently working collaboratively with the Royal College of Physicians, Royal College of Nursing, Acute Trusts and CCGs in a range of projects. Julie retains a clinical remit in acute care believing it important to keep connected to grass roots nursing and remembering that patients need to be at the heart of everything we do.
Roger Goode, Risk Manager, Arriva Yorkshire

Roger is the Risk Manager for bus operator Arriva Yorkshire, part of Deutsche Bahn AG, a leading worldwide provider of transport and logistics.

Following a 35 year career in the insurance industry, Roger joined Arriva as Risk Manager in 2003. His task is to champion safe driving, reduce accidents and control insurance costs. In 2007 Roger was awarded Brake road safety charity’s Fleet Safety Forum, Road Risk Manager of the Year title. Roger is a Director of UK Bus Driver of the Year Association Limited, which through its annual competition seeks to raise the standard of passenger care and comfort.

Roger is passionate about travel on buses being a safe and pleasurable experience and in addition to working with colleagues within Arriva, works with partners in the NHS (health and wellbeing), local authorities, Dementia Action Alliance, Alzheimer’s Society, METRO and others to achieve that goal. He is devoted to enabling elderly and vulnerable people to enjoy the highest quality of life for as long as possible by enabling them to travel comfortably and confidently on buses with drivers who understand their needs.

Jill Poole, Manager Health and Well Being Services, South West Yorkshire Partnership NHS Foundation Trust

Jill’s career in the NHS started in a community development role working with deprived and isolated communities in the Wakefield district, supporting them to address many of the social issues which were having a negative impact on peoples’ health and wellbeing.

Jill’s passion for helping people to address those issues that impact on their ability to lead a healthy, fulfilling and rewarding life grew from this role – and she has worked with individuals, partners and communities in her quest to ensure that easily accessible support is available for people in their local communities.

Jill’s role managing Health and Wellbeing Services at South West Yorkshire Partnership NHS Foundation Trust has given her the opportunity to address many of the interconnecting issues which affect older and vulnerable adults in local communities – including falls and the fear of falling as well as social isolation, the loss of independence and affordable warmth.

Dr. Julie Bruce, Health Services Researcher, Warwick Clinical Trials Unit

Julie is a Health Services Researcher at the Warwick Clinical Trials Unit; she has a background in epidemiology and her research interests include surgical and patient-reported outcomes. Current research includes the Prevention of Falls Injury Trial (PreFIT) investigating falls and fractures in adults aged over 70 years. Other work includes clinical trials investigating recovery after breast cancer, bariatric surgery and knee replacement surgery. She is co-applicant on a programme grant (led by Oxford University) investigating frailty and comorbidity in older people with spinal problems.

Dr. Fiona Shaw, Consultant Physician and Geriatrician, Newcastle upon Tyne Hospitals NHS Trust

Fiona works as a Consultant Physician and Geriatrician in Newcastle upon Tyne Hospitals NHS Trust, delivering out-

patient falls services as part of the Falls and Syncope Service at the Royal Victoria Infirmary and also in the more community-facing Belsay and Melville Day Units on the Campus for Ageing and Vitality and Freeman Hospital sites. She trained in Edinburgh, Newcastle and Birmingham and spent 4 years in full time research, firstly as a Northern Regional Research Fellow and then as an Alzheimer’s Society Research Fellow. She was awarded a PhD from Newcastle Upon Tyne University in 2002 for a body of research on Prevention of Falls in Older People with Cognitive Impairment and Dementia.

Fiona is the Chair of the North of England Falls Network and also the North East Regional Falls Task Group which operates as a hub of the wider network.

Clare Ashby RGN, BSc Hons Healthcare Studies, Head of Safety, Yorkshire Ambulance Service

Clare is a clinical nurse who has a keen interest in patient safety and in particular infection prevention and control. Her current role is Head of Safety for Yorkshire Ambulance Service where she heads up a team of staff who make improvements in both patient safety and staff safety. She is the current Chair of the Yorkshire and Humber Falls Prevention Network and an Improvement Fellow with the Improvement Academy.

Clare is passionate about the NHS and hopes to enable the service to make continuous improvement to ensure the most effective care is provided for patients, both in the community and hospital settings. She is a great believer in collaboration and networks to enhance learning across patient pathways.