## Is Q for me?

This document aims to help you decide if applying to join Q is right at this point. These questions should also help you understand if the initiative fits your commitment, knowledge and experience of improving quality.

Do you have experience of improving the quality of health and care in the UK?

Q may not be for you at the moment. Q is not a taught programme for those new to improvement. It has been designed to offer flexible development and a support network for people with some experience of improving the quality of health and care.

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Are you interested in collaborating to improve the quality of health and care?

Q may not be for you at the moment. Members of the community see collaborating with people from different backgrounds as a key way to achieve their development and improvement goals.

yes

Do you have an understanding of some of the structured ways through which people seek to improve quality? You may have gained this understanding through formal development, personal study or your experience.

Q may not be for you at the moment. Members are curious about, and understand, the variety of ways quality can be improved. They have at least a baseline understanding of different approaches to health care improvement, as well as the barriers and how these can be overcome.

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Have you had an impactful or influential role in efforts to improve the quality of health and care that go beyond an individual team? For example have you formally led improvement work, provided a patient or public perspective, or contributed to the design, supporting analysis or evaluation of improvement work?

no

Q may not be for you at the moment. Members have experience of playing a significant role in improving the quality of health and care. This may have been in many different ways, but should have had a significant impact on the process or outcome of the work.

Opportunities to join Q are being phased across the UK over

the next 12 months. The current opportunity is open to those

who work/volunteer to improve the quality of health and care

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Do you work/volunteer in one of the following parts of the UK?

no

- Yorkshire and Humber North West Coast
- London in the northeast and north central London, south and west Hertfordshire, South Bedfordshire and south west and mid Essex
- West Midlands

Scotland

We recommend registering for updates for future opportunities to join Q.

in five parts of the UK.

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Apply via q.health.org.uk between 9 March and 10 April 2017