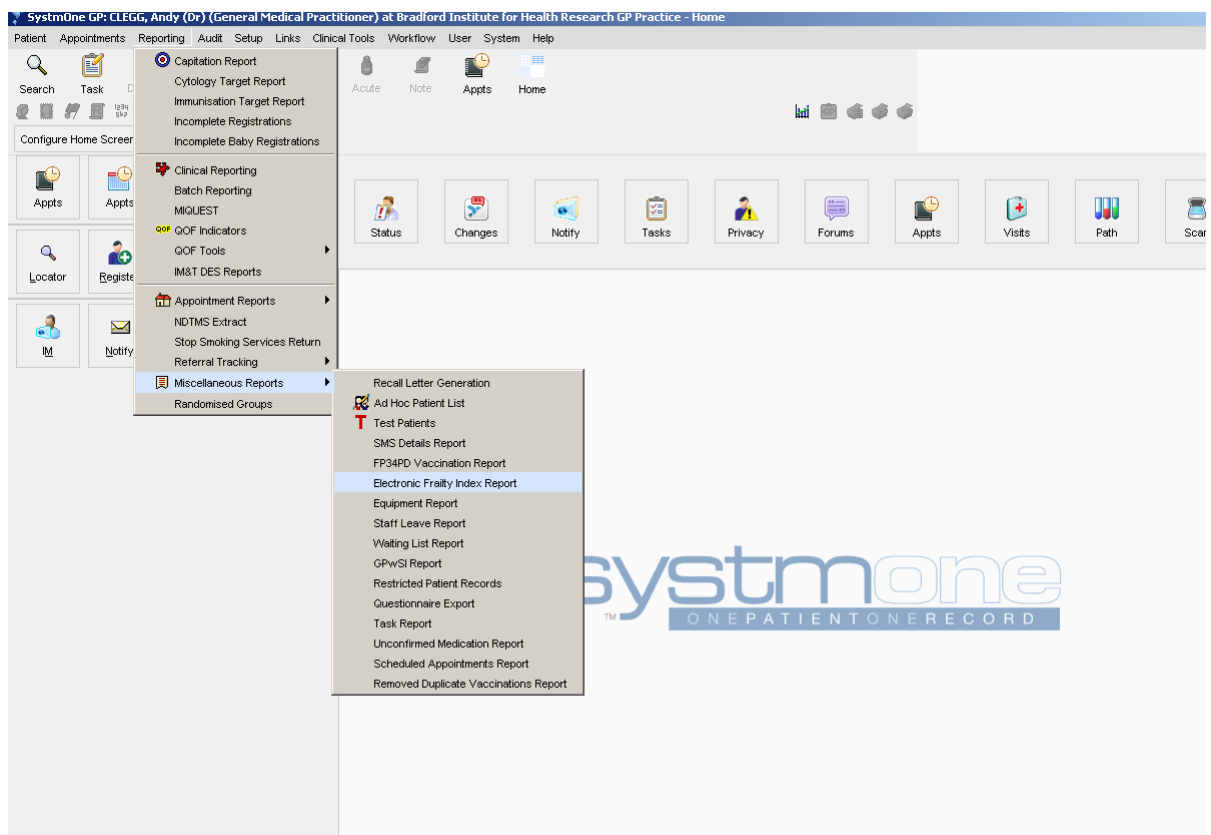


The Electronic Frailty Index Guidance Notes

Running the GP Practice Population eFI Report on SystmOne

1. The eFI is currently only available as open access within SystmOne
2. Go to the reporting Tab within SystmOne and click on Miscellaneous Reports and then the Electronic Frailty Index Report. A 'Run Report' screen will appear.



3. Go to 'Show top' column and type in the percentage of practice population you wish to search e.g. 100%. Ensure the Percent tab is selected. Next click 'Run report'. This will generate eFI scores for patients within a GP Practice.



- The eFI scores listed correlate to frailty categories. These range from 'Fit' to 'Severe' Frailty.

Fit: eFI score = 0-0.12

Mild frailty: eFI score = 0.13-0.24

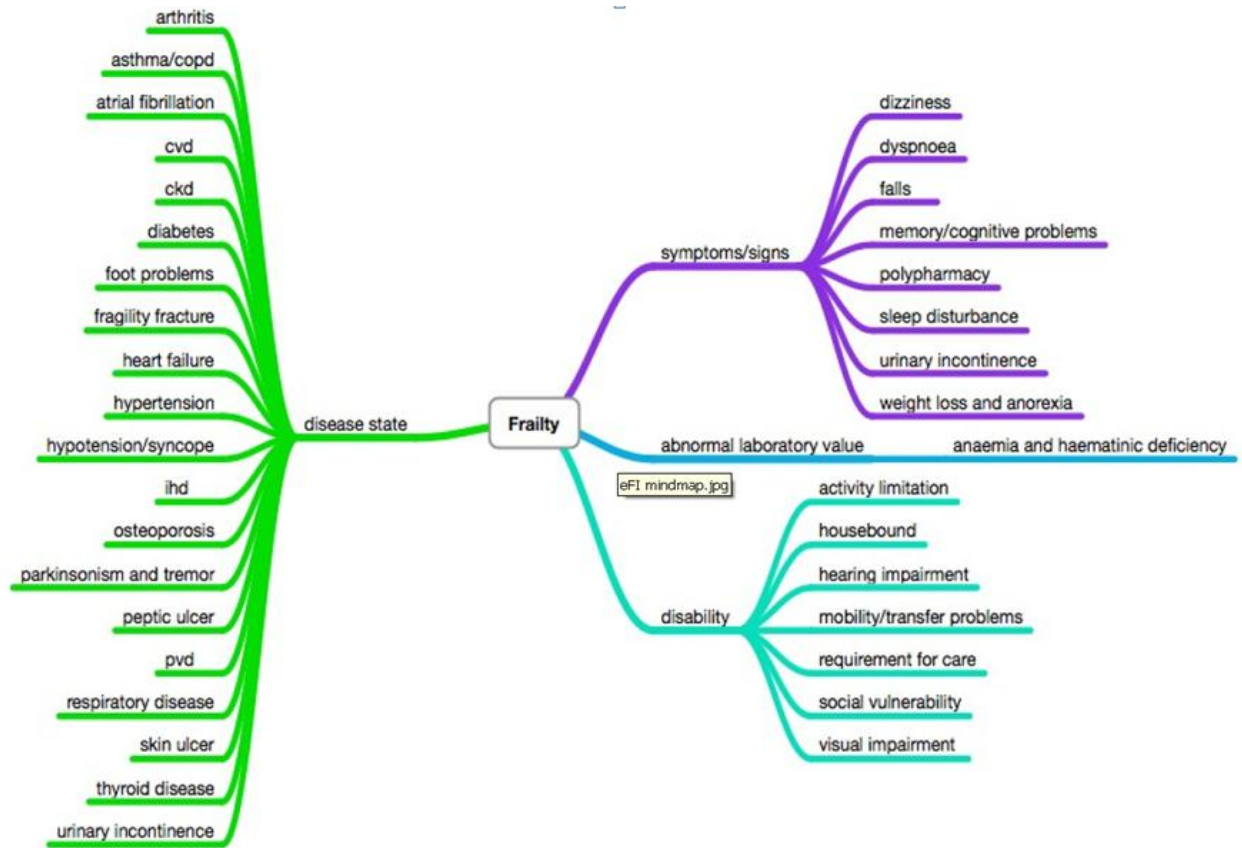
Moderate frailty: eFI score = 0.25-0.36

Severe frailty: eFI score = > 0.36

- You can export the table to an Excel spread sheet by right clicking the mouse and selecting 'Create Table', then 'CSV'. An excel spread sheet will open – you are then able to sort the table according to ascending age or eFI score etc.

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Appendix: Table 1: List of 36 deficits in the eFI



- | | |
|---|--|
| <ul style="list-style-type: none"> ▪ Memory & cognitive problems ▪ Cerebrovascular disease ▪ Dizziness ▪ Parkinsonism & tremor ▪ Sleep disturbance ▪ Visual impairment ▪ Hearing impairment ▪ Hypertension ▪ Ischaemic heart disease ▪ Atrial fibrillation ▪ Heart valve disease ▪ Hypotension/syncope ▪ Heart failure ▪ Peripheral vascular disease ▪ Dyspnoea ▪ Respiratory disease ▪ Peptic ulcer ▪ Weight loss & anorexia ▪ Urinary incontinence | <ul style="list-style-type: none"> ▪ Urinary system disease ▪ Chronic kidney disease ▪ Osteoporosis ▪ Fragility fracture ▪ Arthritis ▪ Diabetes ▪ Thyroid disease ▪ Skin ulcer ▪ Anaemia/haematinic deficiency ▪ Falls ▪ Foot problems ▪ Housebound ▪ Mobility & transfer problems ▪ Activity limitation ▪ Social vulnerability ▪ Requirement for care ▪ Polypharmacy |
|---|--|